

Marine Based Omega, Cutting-edge Purity

Keep your whole family healthy with our proven range of omega



- 1 OMEGA 3 / DHA CHILDREN'S**
Regarded as building blocks for the brain, omega 3 fatty acids are crucial for a child's proper development and growth. Busy, active minds need a continual supply of brain-supportive nutrients every day, which they may not be getting from their food alone.
- 2 OMEGA 3 / DHA FISH OIL**
Provides nutritional support for all areas of health including brain, heart, eye and immune function. Deemed vital to good health, our bodies are unable to produce omega 3 fatty acids, so we need to make sure we receive these in our diet.
- 3 OMEGA 3 / DHA PREMIUM**
Pure and potent fish oil enriched with lycopene, to provide additional support for the heart, lungs and prostate gland. Astaxanthin plays an important role in this blend, for skin health, vision and post exercise recovery.
- 4 OMEGA 3 / QH ULTRA**
All the goodness of omega 3 Premium further enriched with Ubiquinol (CoQ10). Our levels of CoQ10 drastically deplete from the age of 40 and they need to be replenished for enhanced energy, vitality and heart health.

AMAZING PRODUCT!



5.0 RATING

'I have been using the Omega 3/DHA Premium for over 6 years now and absolutely love the product! I work in a pharmacy and have access to many brands, but have found the benefits and the quality of Xtend-Life's to be above everyone else. Me and my husband use this product. I am 60 years old and my skin is amazing, so I am very happy!'

Erica Naylor, New Zealand



5 OMEGA 3 FOR DOGS

Studies show that most dogs are deficient in DHA and EPA. Regular supplementation of omega 3 fatty acids helps manage inflammation to better maintain the health of your dog's brain, heart, eyes, joints and skin.



Raising Quality Standards



Unsurpassed purity

We understand when you use our products, you are entrusting us with your most precious asset: your health or the health of a loved one and this is not a responsibility we take lightly.

Our Omega range is exceptionally pure. We adhere to and exceed all regulatory standards, as well as the voluntary standards set by the Global Organization for EPA and DHA omega 3 (GOED) for all of our oils. These standards guarantee quality products.

To ensure consistent quality across our product range, all products are tested by independent, certified laboratories.

All of our products are manufactured and certified in New Zealand.

Omega For Health

Omega 3 nutrients EPA and DHA enhance quality of life and lower the risk of premature death.*



SUPERIOR FISH OIL



5.0 RATING

"The Omega 3/QH Ultra Fish Oil is a superior product, unlike the other cheap department store or drug store fish oils it is especially processed from fish caught in clean waters. It is a superior product because it uses the most bio-available form of CoQ10. This fish oil and Total Balance Men's Premium are a superb combination for health and wellbeing."

Roger, United States of America

www.xtend-life.com



*Clinical research published by the University of California, Berkeley

“

Omega 3 fatty acids benefit heart health. Whether you are in good shape, at risk, or suffering cardiovascular diseases.

-American Heart Association

Omega 3 essential fatty acids are vital elements in a healthy diet. In fact they do have numerous, proven health benefits. Although vital to our good health, our bodies cannot produce omega 3 fatty acids. They must be absorbed through the diet or supplementation.

They are essential not only because of their prominent role in supporting the body's natural inflammatory response and our cardiovascular health, but also because they help us to maintain proper brain function while supporting optimal growth and development.

Research shows that marine fish oil is the best source of these essential nutrients. Omega 3 fatty acids are EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid).

Omega 3 is required at every stage of life to enable us to achieve our learning potential and enhance quality of life.

— CARDIOVASCULAR HEALTH —

Marine Based Omega 3

While plant and marine omega 3 fatty acids are important for health, marine-based DHA is the one most strongly associated with heart health and other important health benefits.



A strong body of science backs the vital role marine omega 3 fatty acids play in relation to cardiovascular health. Linking it to improvements in blood lipid levels, a reduced tendency of thrombosis, healthy blood pressure and heart rate and overall improved vascular function.

Data* from 18 randomized clinical trials. The result indicated that DHA and EPA were associated with a significant risk reduction of coronary heart disease (CHD) among all populations.

The data also indicated that there was a significant reduction in CHD risk in those with high triglycerides and high LDL cholesterol. Elevated triglyceride levels have been identified as an independent risk factor for coronary heart disease.

*A Mayo Clinic Meta-analysis combined.

PEACE OF MIND



5.0

RATING

"Having suffered a heart attack at age 57 and taking statins for high cholesterol, despite always eating a healthy diet, I thought that it would be sensible to supplement it with Omega 3/QH Ultra Fish Oil. I'm now 65 and have been taking it for the last five years. My cardiologist has given me a clean bill of health ever since and I feel very well in myself. I strongly recommend this high quality product."

Trudy, Australia

— COGNITIVE FUNCTION —

Power Your Mind

The brain is rich in omega 3 fatty acids, so the link between omega 3 fatty acids and brain health is hardly surprising.



These essential fatty acids are required for proper growth, development and function of brain tissue.

Research suggests elevated amounts of DHA and EPA are commonly associated with cognitive developments. Studies performed over the last decade have shown that people who ingest higher amounts of omega 3 show an improvement in sustained attention, reduced errors in attention tests and improvement in reaction times.

Researchers at the University of Oxford have found that higher levels of Omega 3 (DHA in particular) were associated with better reading and memory, as well as fewer behavior problems, in children. Numerous studies have also found omega 3 beneficial for mood management.

AN EXCELLENT BOOST



5.0

RATING

"This is a fantastic product which I have found to give me an excellent boost in my mental health (has helped brain fog) as well as my circulation. I have always suffered from cold hands and feet which my partner hates, within 4 weeks of taking this product I feel it helped my bodies circulation and heat in my extremities."

Drew via Facebook

— JOINT HEALTH —

Keep Joints Healthy

According to multiple studies, omega 3 fatty acids have been shown to support joint health and reduce joint pain and stiffness.



The Royal Adelaide Hospital and the University of Newcastle, both of which are located in Australia, have reported that large doses of omega 3 have shown positive effects on the treatment of arthritis. In cases of osteoarthritis, omega 3 may be helpful in reducing the impact of enzymes that destroy cartilage.

Omega 3 fatty acids may decrease symptoms of morning stiffness, tender or swollen joints and joint pain. They can also help increase blood flow during exercise.

New research shows that when taking omega 3 in combination with glucosamine, the two work together to provide additional benefits for people with joint problems and that omega boosts the benefits of the glucosamine.

INCREDIBLE RESULTS



5.0

"I have been using this great product for a few years and introduced it to my husband who had been suffering from lower back discomfort. He has been taking it for about a year now and has never looked back! Not one episode has occurred! His back discomfort is vastly improved. Great product and highly recommended!"

Theo R, United States of America

